



Greetings Aspire Employees and Providers,

Living and working through a pandemic is a new experience for us all. Now in the 8th month of reduced service capacity, the toll of the pandemic can be wearing. Culturally, for many of us, holidays are approaching. This can add more stress to an already trying time.

In an effort to support each other, individually and as a community, we have created opportunities for staff to meet and chat about whatever is on your mind related to the pandemic. If you want a place to talk about the good, bad, ugly, interesting, fun, and not so funny, please consider joining one or all of the sessions listed below.

Date	Time	Session Link
11/23/2020	11 am	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650,,240116485# Phone Conference ID: 240 116 485#
11/24/2020	4 pm	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650,,509312065# Phone Conference ID: 509 312 065#
11/30/2020	11 am	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650,,193622110# Phone Conference ID: 193 622 110#
12/1/2020	4 pm	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650,,409743936# Phone Conference ID: 409 743 936#
12/2/2020	7 am	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650,,80075165# Phone Conference ID: 800 751 65#
12/7/2020	11 am	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650,,49345528# Phone Conference ID: 493 455 28#
12/8/2020	4 pm	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650,,991151740# Phone Conference ID: 991 151 740#

12/9/2020	7 am	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650 ,904004551# Phone Conference ID: 904 004 551#
12/14/2020	11 am	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650 ,568577197# Phone Conference ID: 568 577 197#
12/15/2020	4 pm	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650 ,964312908# Phone Conference ID: 964 312 908#
12/16/2020	7 am	Join on your computer or mobile app Click here to join the meeting Or call in (audio only) +1 802-490-7650 ,735683407# Phone Conference ID: 735 683 407#

Michael Auyang, Clinical Director at Aspire Living & Learning will be holding office hours from 3-6 PM on Tuesdays and Beth Gambaccini, Clinical Supervisor at Aspire Living & Learning will be holding office hours from 12-4 on Thursdays.

Please call or email to set up a time to talk to Michael or Beth.

<i>Name</i>	<i>Date/Time</i>	<i>Phone Number/email</i>
Michael	11/24/20 3pm-6pm	203-887-0238 , mauyang@allinc.org
Michael	12/1/20 3pm-6pm	203-887-0238 , mauyang@allinc.org
Beth	12/3/20 12pm-4pm	978-868-8465, egambaccini@allinc.org
Michael	12/8/20 3pm-6pm	203-887-0238 , mauyang@allinc.org
Beth	12/10/20 12pm-4pm	978-868-8465, egambaccini@allinc.org
Michael	12/15/20 3pm-6pm	203-887-0238 , mauyang@allinc.org
Beth	12/17/20 12pm-4pm	978-868-8465, egambaccini@allinc.org
Michael	12/22/20 3pm-6pm	203-887-0238 , mauyang@allinc.org
Michael	12/29/20 3pm-6pm	203-887-0238 , mauyang@allinc.org
Beth	12/31/20 12pm-4pm	978-868-8465, egambaccini@allinc.org

